

Hot Lunch Ideas

Teriyaki Chicken with Steamed Rice

Turkey Meatballs with Mushroom Sauce and Pasta

Crunchy Fried Chicken

House Made Lasagna with Red and White Sauce
(Fresh and lighter than normal lasagna)

Thai Curried Chicken with Steamed Jasmine Rice

Chicken and Dumplings

Beef or Fish Peroke

Chicken Enchiladas with South Of The Border Rice

Meatloaf, Oven Roasted Potatoes and Vegetables

Chicken Cacciatore Sauce with Spaghetti

Shrimp Fettuccini with Spring Vegetables

BBQ Ribs with Baked Beans

Stuffed Rolled turkey Breast with Smashed Potatoes and Gravy

Swiss Steaks with Pasta or Steamed Rice

Salmon, Shrimp, and Bacon Fried Rice