For the Littles

The Svenny Basket Fresh fruit, Organic Apple Sauce, Gold-Fish, Peanut Butter & Carrot Sticks with Organic Juice Your choice of Celery or Hummus	12
The Freya House-made Mac & Cheese	7
Kids Wrap Turkey, Cheese, Mayo & Mustard w/chips	13
Three Cheese Quesadilla	10



Grab and Go Breakfast 7 a.m. to 11 a.m.

Breakfast Burrito of the day	
Savory Scone with ham, egg & cheese	8
Scones	4
Brecky sandwich of the day	9
Side of bacon or aravy	4

Dailey Specials and Desserts GF, Vegan and Vegetarian options

Open Mon-Wed 7 a.m. to 3 P.m.



		Tomatoes, Cucumber, house pickled veg. Served with Creamy-Herb Dressing Served with your choice of crackers or bread	
Hearth		Organic Pasta Salad on Organic Greens Organic Pasta, Kalamata Olives,	17
EATERY & CATERING		Sun-dried Tomatoes, Pesto and house pickled veg.	_
Super Dave Burger	20	add Chicken	4
8oz hand-formed patty, 2 Cheeses, Sweet Chili Bacon, Pickled Veg, Sweet Chili Mayo on a toasted pretzel bun		Chicken Tacos	2/12
Served with house-made chips and salsa		Soup of the Day Served with house-made focaccia bread	
Meatloaf Burger Meatloaf, 2 Cheeses, Bacon, Pickled Veg with Greens on a house-made Focaccia Bread	18	8oz Cup 12oz Bowl	6 8
Crispy Chicken Wrap Oven-fried, marinated Chicken with Organic Greens,	18	Beverages	
Pickled Veg., and Sweet Chili Mayo		Organic Coffee and Teas	3
Oven-Roasted Three Cheese Sammie Cream cheese, Cheddar and Havarti	14	Coke, Diet Coke, Sprite, Grapefruit Water Organic Lemonade 16° ^z	3 3.50
add Bacon	3	Pom Orange San Pell Bottled Water	3.50 1.25
Turkey Wrap Turkey, Havarti, Pickled Veg, Mayo/Mustard	14	Ice Tea Strawberry Ice Tea The Nimi	2.50 3 3.50
All sandwiches and wraps served with Himalayan Salt Potato Add and organic egg to any order	Chips 2	Ice Tea, Lemonade, with Strawberry Sauce Kids organic juice box	2

Large House Salad Organic Greens, Hardboiled egg, Kalamata Olives,

18